



an **inHope.** project

07584625082

ebfoodbank@inhope.uk

eastbristol.foodbank.org.uk

Emergency food for local people in crisis

Please donate an item or two from the list or scan the QR code for our most needed items

Thank you!



SHOPPING LIST

Milk (UHT or powdered)

Fruit juice (long life)

Tinned Fruit

Pasta sauces

Tinned Potatoes

Tinned vegetables

Cereals

Tinned rice pudding

Tea bags

Instant coffee

Instant mash potato

Tinned meat/fish

Jam

Tinned Vegetarian meals

Biscuits or snack bars

Toiletries



You can drop your donation here!

Charity Number 298528, Registered in England & Wales/Scotland

