

Harvest appeal

Help support your food bank this Harvest

In the three weeks leading up to Harvest, the foodbank will provide over 3,000 food parcels for local individuals and families facing hardship.

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



Shopping list

Tinned meat/vegetarian

Tinned veg/baked beans

Tinned potatoes/soup

Instant Coffee & Tea

Milk (UHT)

Pasta & rice (dried)

Fruit juice (long-life)

Crisps & instant noodles

Biscuits

Nappies

Washing up liquid

Deodorant & handwash

You can also give online via our Give Today store by scanning the QR code.

Please contact us if you are doing a collection: provisions@inhope.uk

<https://eastbristol.foodbank.org.uk/> & @sebfoodbank on socials

Registered Charity in England & Wales (298528).

Registered Limited Company in England & Wales (2214814).

